

Helping your children to 'bounce back'



**9.15 - 11.15am Wednesday 22nd May
with the Red Hen at Arbury Primary School
Carlton Way, CB4 2DE**

Building Resilience

Often, children can find it difficult 'pick themselves up' when they have experienced a difficult situation. For example, falling out with their friends or finding a school task challenging. On this workshop you will discover ways to foster resilience in your child/children.

To find out more and to book your place please contact Maria on 07966 839 635 / 01223 224 844 or email maria@redhenproject.org, thank you