

Helping your children to 'bounce back'



9.15 - 11.15am Wednesday 19th June
with the Red Hen at Shirley Primary School
Nuffield Road, Chesterton CB4 1TF

Building Resilience

Often, children can find it difficult 'pick themselves up' when they have experienced a difficult situation. For example, falling out with their friends or finding a school task challenging. On this workshop you will discover ways to foster resilience in your child/children.

To find out more and to book your place please contact Maria on 07966 839 635 / 01223 224 844 or email maria@redhenproject.org, thank you