

"...Children don't come with an instruction manual, and we aren't 'born' parents. We all learn along the way..."

THE RED HEN
PROJECT



Tuesdays 9.15-11.15am, with Red Hen
21st January - 17th March 2020 (except half term)
at Orchard Park Primary School, Ring Fort Rd, CB4 2GR

A course for parents/carers with children aged 3 – 12 yrs

Raising Children

Come along, over a cuppa and biscuits, hear ideas, strategies, hints & tips. We will cover areas such as

- Pressures of parenting
- Raising children's self-esteem
- Discipline strategies that work
- How to talk so children will listen
- Understanding challenging behaviour

"I understand my children better. I feel more confident as a parent and I feel more equipped with this new set of parenting tools."

* Please note, places are prioritised for, and free, to parents whose children attend one of the 5 primary schools we work with, but we warmly welcome other parents if we have space.

To find out more, see if it might help you,
or to book, contact Maria on 07966 839 635
01223 224 844 or maria@redhenproject.org

